

Background

- By definition, rural schools are geographically isolated, creating a unique set of challenges for educators responsible for diverse needs of nearly 22% of our nation's children (Johnson & Strange, 2007).
- Rural schools tend to be hard-to-staff with high teacher turnover and a high percentage of inexperienced or poorly prepared teachers (Monk, 2007).
- Social-emotional and behavioral problems of children are prevalent among children in rural America (Herzog & Pitman, 1995).
- Despite the need programs and services to address problems in rural schools are often poorly developed, ineffective, or fragmented (Moore, 2001).
- One promising option for meeting rural students behavioral needs is Conjoint Behavioral Consultation (CBC; Sheridan & Kratochwill, 2008), a family-school partnership intervention.
- Family-school consultation services, linking parents and educators in implementing evidence-based strategies can be instrumental in addressing unmet behavioral needs of students in rural settings (Owens et al., 2008).
- The benefits of CBC for students with behavior concerns are well supported by the literature (e.g., Sheridan et al., 2012).
- However, few studies have investigated the adult factors which influence CBC's success despite the fact that it is adults who deliver the intervention.
- Adult motivation to participate in interventions contributes to treatment integrity has been proposed as a critical factor for intervention implementation and ultimately child success (Nock & Photos, 2006).
 - Interventions for children are effective only to the extent they are implemented with integrity by stakeholders (Noell, 2008).
- Understanding the link between teacher motivation for participation in CBC and student outcomes is particularly salient in rural schools where teachers often have inadequate resources (Jerald, 2002).

Purpose

- The purpose of this study is to examine how motivation for change among rural teachers impacts the success of Conjoint Behavioral Consultation (CBC; Sheridan & Kratochwill, 2008), a family-school partnership intervention, for decreasing disruptive behaviors of rural students.
 - The primary research question asks—Does teacher motivation moderate the effectiveness of CBC for improving student behavior?
- This study helps to clarify the conditions under which family-school partnership interventions are most effective.
 - That information will be essential to ensuring that this promising intervention can be adapted to meet the unique needs of rural teachers, families, and students.

Method

Participants:

- A sample of 115 kindergarten through 3rd grade students, their families and teachers was drawn from a larger experimental study investigating the efficacy of CBC in rural communities.
- Teachers were predominantly white non-Hispanic and female.
- Teachers were randomly assigned to a treatment group (received CBC) or control group (treatment as usual), and the participating students within a classroom were assigned accordingly.

Procedures:

Conjoint Behavioral Consultation

- CBC is a structured indirect form of support in which teachers and parents work together to promote adaptive behaviors and decrease disruptive behaviors.
- CBC process lasts approximately 8-12 weeks.
- Within each CBC-assigned classroom, a teacher met with a consultant and parents of participating students for CBC meetings via a 4-stage process operationalized by semi-structured conjoint interviews. See table 1 for description of CBC objectives. CBC stages are:
 - Needs Identification and Analysis
 - Plan Development
 - Plan Implementation
 - Plan Evaluation
- Through the CBC process teachers develop and implement a behavior plan in their classrooms which consists of 3 components—home-school communication, behavioral function, and rewards.
- Control group participants received treatment as usual.

Interview	Objectives
Needs Identification/Analysis	<ul style="list-style-type: none"> • Jointly identify and define student's needs • Determine a primary behavior to address (target behavior) for initial intervention • Collaboratively develop appropriate goals for target behavior across home and school • Discuss what is happening before and after the target behavior, as well as specific patterns that occur, during the focused time/setting • Jointly establish a procedure to collect baseline data across settings
Plan Development	<ul style="list-style-type: none"> • Collaboratively develop a plan built upon strengths and competencies to address the target behavior across home and school • Learn plan implementation skills as necessary
Plan Implementation	<ul style="list-style-type: none"> • Implement agreed-upon intervention across home and school settings • Make immediate modifications to plan as necessary • Assess immediate changes in student's behavior
Plan Evaluation Interview	<ul style="list-style-type: none"> • Determine if the goals for the priority behavior have been met • Discuss effective elements of the intervention plan • Discuss continuation/termination of plan • Schedule additional interview if necessary, or terminate consultation

Data Collection

- Upon enrollment in the study, rural teachers completed a questionnaire assessing their motivation to participate in intervention.
- A teacher questionnaire assessing student conduct problems and externalizing problems was assessed at 4 time points across 2 academic years:
 - Year 1
 1. At enrollment (pre-intervention)
 2. 12-weeks after enrollment (post-intervention)
 - Year 2
 3. Fall of the academic year (initial follow-up)
 4. Spring of academic year (second follow-up)

Measures

- Teacher Motivation Inventory (TMI; adapted from Nock & Photos, 2006)
- Behavior Assessment System for Children, 2nd Edition (BASC-2; Reynolds & Kamphaus, 2004)

Analysis

- Variables
 - Independent variable: Conjoint Behavioral Consultation (CBC; Sheridan & Kratochwill, 2008)
 - Dependent variable: Student behavior outcomes
 - Assessed using the BASC at 4 time points.
 - Moderating variable: Teacher motivation
 - Using a mean split of teacher motivation scores teachers were divided into two group—high motivation and low motivation.
- Analysis of Variance (ANOVA) was used to reveal interaction effects among the variables.
 - ANOVA is a statistical method involving the comparison of variances reflecting different sources of variability (Keppel & Wickens, 2004).

Results

- Results indicated teacher motivation moderated the effects of conjoint behavioral consultation (CBC) on rural students' disruptive behaviors.
- Specifically, students who received CBC and whose teachers reported high levels of motivation received lower ratings of conduct problems ($p=.0577$) and externalizing problems ($p=.0698$) than students who received CBC and whose teachers reported low levels of motivation. See figures 1 and 2.
- Although treatment student negative behavior decreased in both motivation conditions (i.e., low and high) from time point 1 to time point 2, improvements in behavior from time point 1 to time point 4 were significantly greater in the condition where teacher motivation was high, indicating teacher motivation moderates the effectiveness of CBC over time.

Figure 1. Externalizing Problems

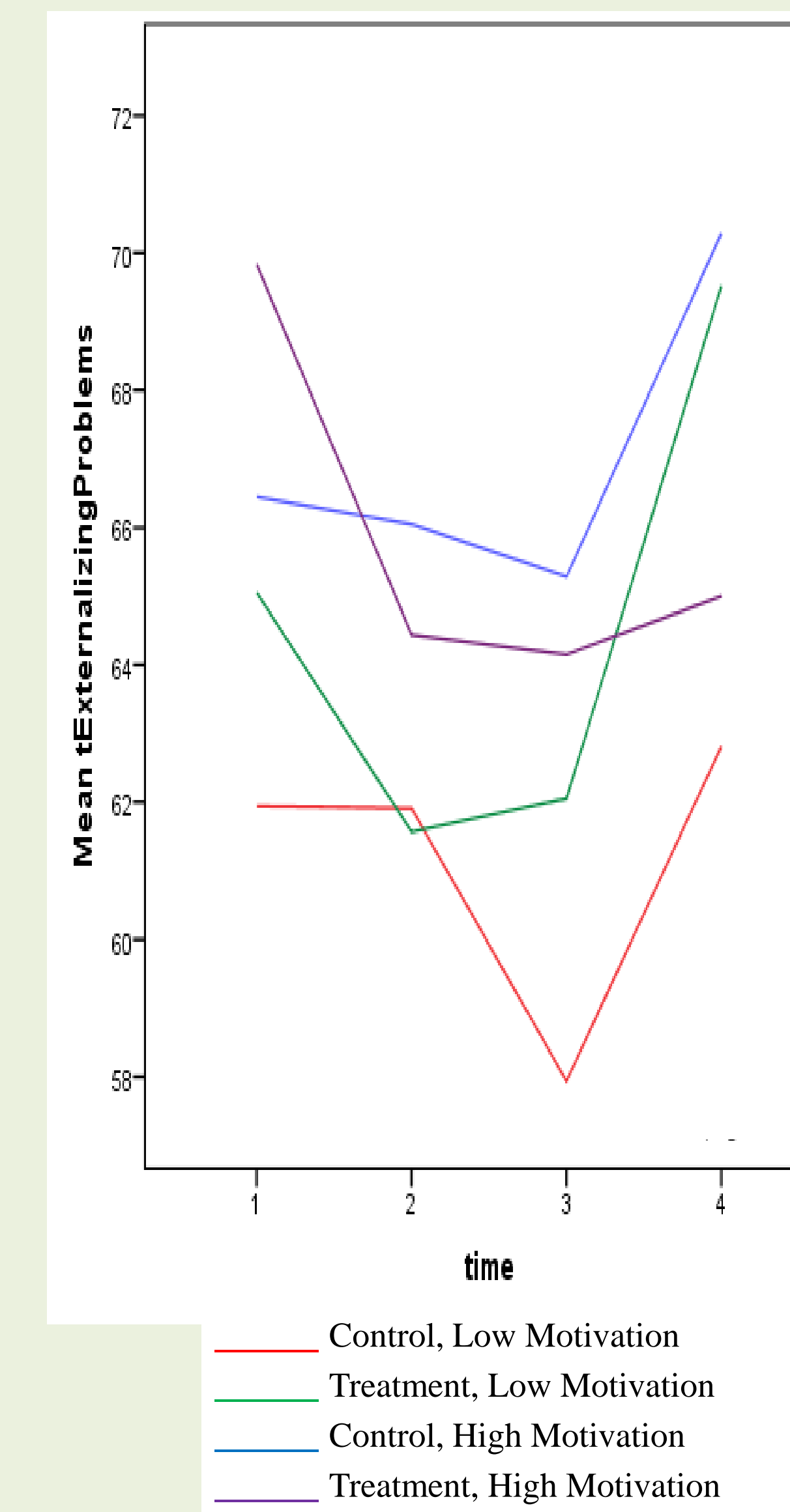
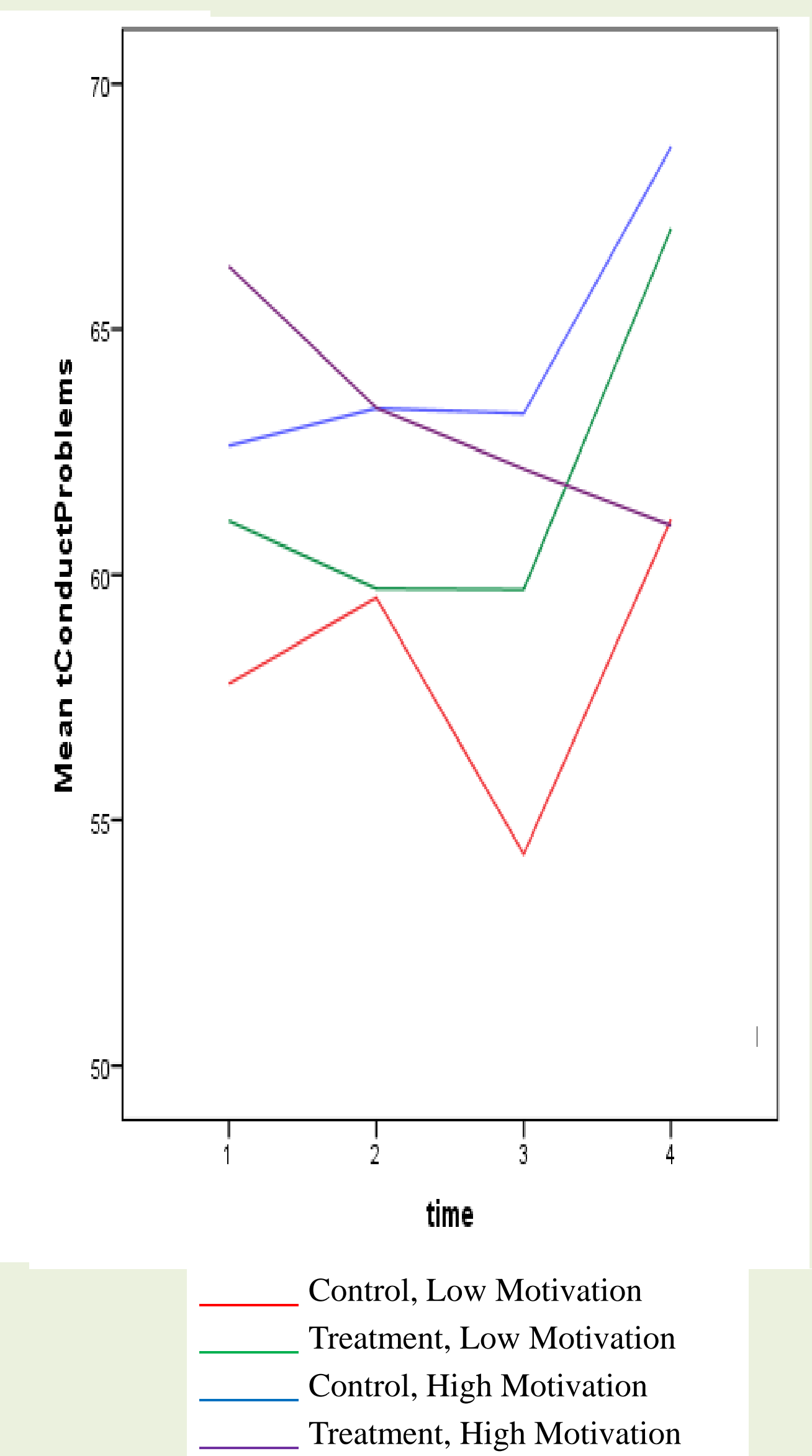


Figure 2. Conduct Problems



Discussion

- Results suggest increasing teacher motivation for intervention in rural communities may contribute to increased effectiveness of CBC.
- As expected all students who received CBC demonstrated reduced negative behavior relative to students in the control group but students who received CBC *and* had high teacher motivation showed the greatest improvement over time.
- Students in the control group showed either an increase or no change in negative behavior from time point 1 to time point 2. Interestingly their scores decreased at time point 3 but rebounded at time point 4.
- The longitudinal nature of the study provides important insight into the long-term implications of teacher motivation for participation in CBC.
 - Because the students participated across two different academic years, two different teachers completed the student behavioral outcomes measure (BASC).
 - This suggests that teacher motivation affected long-term student behavior even when rated by other teachers.

Limitations and Future Directions

- The patterns of behavior change were unique across all four groups (treatment low motivation, treatment high motivation, control low motivation, and control high motivation) Further investigations are needed to determine if these patterns hold in future studies.
- The scope of this study did not allow for direct investigation of treatment integrity and its relationship to teacher motivation.
 - Because of the hypothesized link between motivation and treatment integrity future studies are needed to analyze this link overtly.
- Although this study compared low and high teacher motivation groups, all participating teachers indicated relatively high levels of motivation limiting variability.
 - Studies are needed that actively manipulate teacher motivation for intervention to test for intervention effects for teachers with low, medium and high motivation.