

CBC in Rural Communities

Partnering with Families to Promote Student Success in Rural Communities

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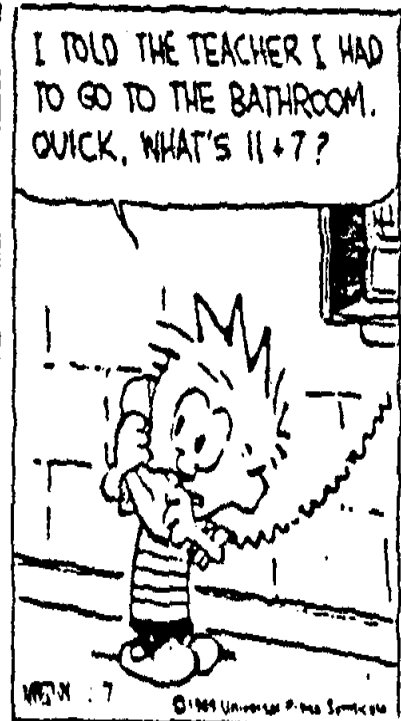
The project is funded by the Institute of Educational Sciences
(IES Grant Award Number: R324A100115)

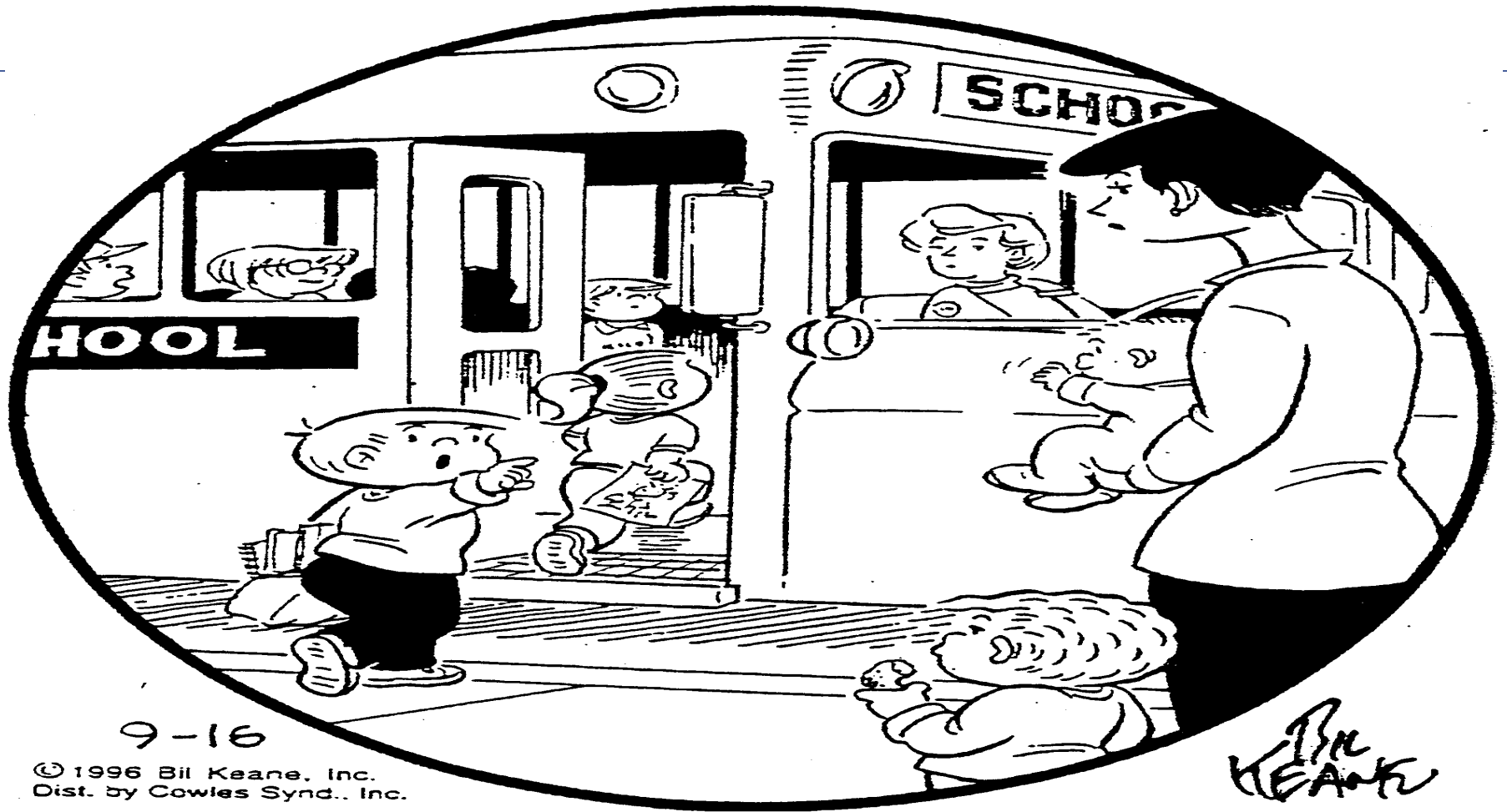
“... parents take their child home after professionals complete their services and parents continue providing the care for the larger portion of the child’s waking hours... No matter how skilled professionals are, or how loving parents are, each cannot achieve alone what the two parties, working hand-in-hand, can accomplish together”

--Peterson & Cooper, 1989; pp. 229, 208

*There are many ways
that families support
education....*

Calvin and Hobbes / By Bill Watterson





9-16

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“And when you find my homework, Mommy,
please be sure to fax it right over.”

Or not...



P. Steiner

"Dad, can you read?"



"Your mother and I are feeling overwhelmed, so you'll have to bring yourselves up."

Why Families?

- In what ways are families important in a child's education?
- What can family members do to support education?



To Get There...

- We need to:
 - Help parents recognize that they are essential in their child's learning and schooling early on, and throughout elementary school and beyond
 - Promote a role for parents as partners in learning
 - Help parents share in the responsibility for setting and attaining educational goals

Conjoint Behavioral Consultation provides an effective process for creating meaningful roles for parents, connecting parents and teachers, and ensuring consistent supports for student learning.

What Influences Student Achievement?

- Readiness
 - Organization
 - Attention
- Engagement
 - On-task
 - Rule following/compliance
 - Work habits/completion
- Motivation to Learn
 - Persistence
 - Internal and external



(See DiPerna & Volpe, 2001; Volpe et al., 2006)

What Interferes with Learning?

- Disruptive Student Behavior
 - Impedes student learning and achievement
 - Misdirects teacher focus away from instruction
 - Impedes academic progress
 - Impacts classroom climate
 - Student-student conflict
 - Teacher-student conflict
 - Negative classroom environment

Conjoint Behavioral Consultation (CBC)

- Structured indirect form of support in which consultants help teachers and parents work together to promote positive skills and decrease interfering behaviors
- Teachers and parents collaborate to:
 - Develop goals to promote academic, behavioral, and social skills in students
 - Design interventions and deliver individualized plans at home and school
 - Monitor students' progress
 - Evaluate achievement of student goals

How Does CBC Help Students Achieve?

- CBC maximizes students' abilities to achieve by
 - Increasing student behaviors to promote readiness, engagement and motivation
 - Examples include:
 - Following instructions
 - Improving social skills
 - Increasing time on task
 - Improving work completion rates
 - Reducing students' behaviors that are disruptive
 - Increasing students' learning time

How Does CBC Help Students Achieve?

- CBC helps teachers develop skills to problem solve with parents and implement effective programs
- CBC helps parents develop skills to problem solve with teachers and support their children's learning at home
- CBC provides a method for developing effective home-school partnerships
- CBC builds consistency between home and school

“I grew up in small schools and I appreciate them so much, and I think to bring [CBC] to the smaller rural school, is a huge benefit for the community. Bringing in resources that might not be there otherwise, is kind of a Godsend.”

—Father of 3 boys

What can you Expect?

- CBC works in schools just like yours!
- Ongoing research in rural Nebraska schools has shown that relative to other students, those who receive CBC show
 - Decreased problematic behaviors such as arguing and hitting
 - Improved social skills and adaptive behaviors
- Responsive to unique context of all participants
 - Interventions and procedures tailored with flexibility to individual family, classroom, and school needs

“CBC is so unique in that it has an exact plan in meetings, for the parents, for the teacher... It was all just so well set up, and that made it easy to execute”

–1st Grade Teacher

What Does CBC Look Like?

- CBC progresses through a series of stages where parents, teachers and consultants meet, discuss, brainstorm, and problem solve
 - Stage (Meeting) 1: “Building on Strengths”
 - ✓ Identify strengths and needs
 - Stage (Meeting) 2: “Planning for Success”
 - ✓ Develop a plan for home and school
 - Implement the Plan
 - Stage (Meeting) 4: “Checking and Reconnecting”
 - ✓ Evaluate the Plan and Monitor Student Success
- CBC is responsive to unique context of all participants

Video

- [Click to view video](#)

Case in Point: Christopher

- Christopher is a social, creative, and busy kindergartener
- He needs to develop better skills for engaging in learning



Christopher: Needs

- Christopher's needs at school & home
 - Increase engagement in schoolwork by developing skills to comply with rules and expectations
 - *Goal: Following directions*
- Family-school partnership needs
 - Consistent, two-way, positive communication
 - Improve perceptions of parents and teachers

“I really enjoyed having the consultant there to lead the meeting and to be able to reinforce what each side was saying without putting anybody on the defensive. The parents and I were able to be on the same team for the child.”

– Kindergarten Teacher

Christopher: The Plan

- Home & school plans
 - Christopher's teacher and parents learned to provide directions in ways that were more effective for Christopher
 - His teacher and parents responded to desired behavior in ways that were reinforcing to Christopher
 - Two-way note between home and school was used to communicate about Christopher's positive behavior

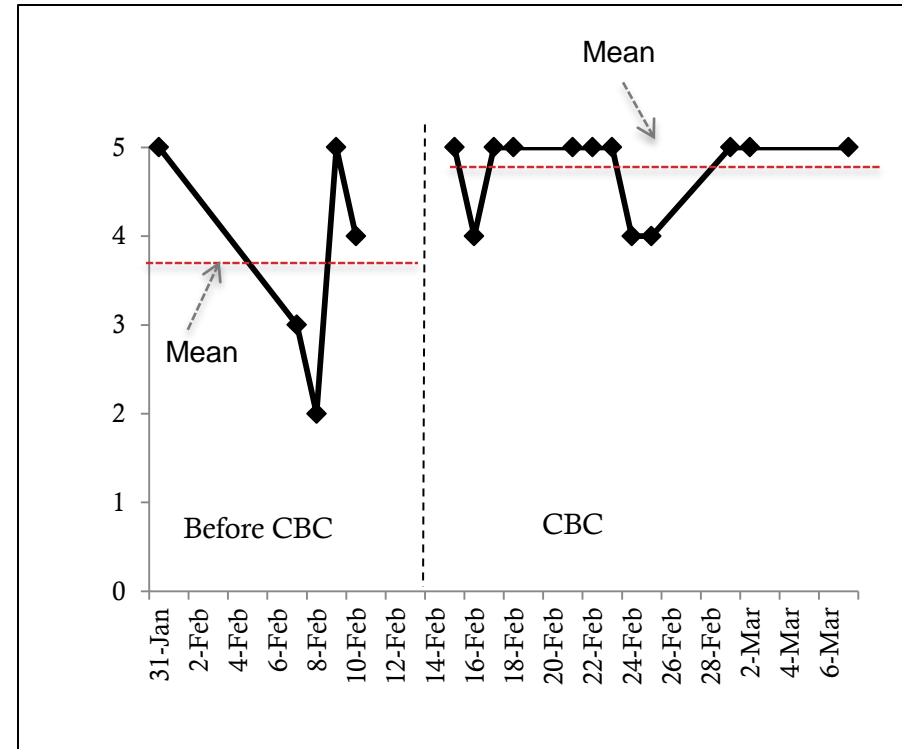
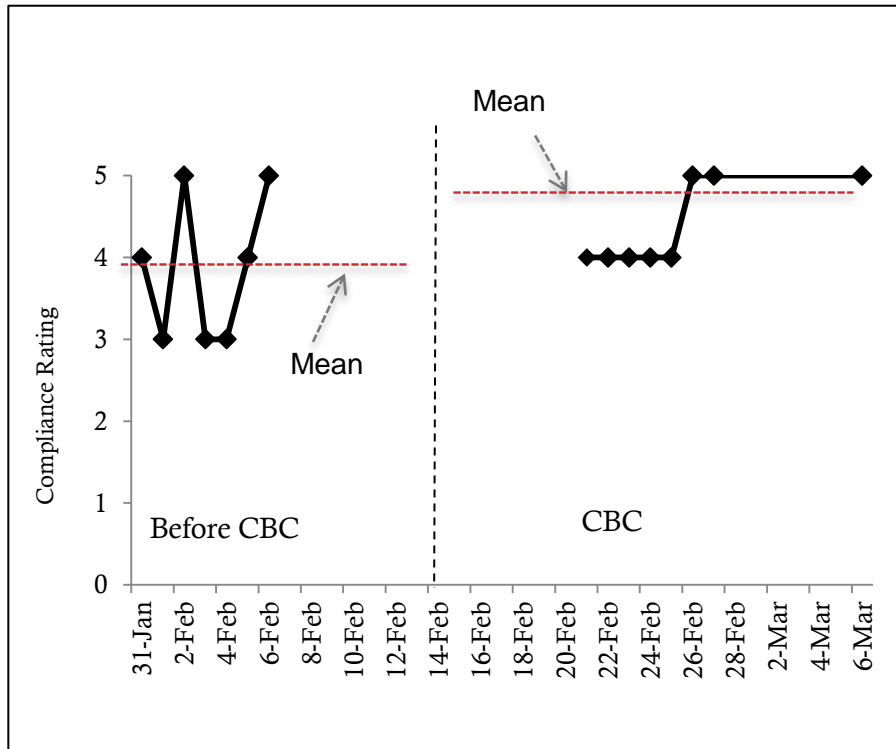
“I really appreciated the follow-through. Having the emails and having the consultant check in to say how’s it going now, what’s new, what can I do? That really kept things alive and moving and fresh through the year.

– 1st Grade Teacher

Christopher: Compliance with Requests

Home

School



Christopher: Results

Christopher's Success

- Improved behavior at home and school!
 - Increased compliance with adult directions resulted in more time on-task and more work completion
- Improved relationship with his parents and his teacher

Family-School Success

- Interactions between Christopher's family and school shifted from solely negative to predominantly positive
 - The school was impressed with the family's commitment
 - Christopher's parents now look forward to school events

Christopher: Results

School Results

- Improved classroom environment
 - Increased class wide on-task behavior
 - Positive peer support increased
 - Increased positive student-teacher interactions



Family Results

- Increased consistency and accountability
- Increased positive parent-child interactions
- Parents using similar strategies with siblings

“We’re teachers because we put kids first, and we know participating in CBC means helping a family, and helping kids.” – 2nd Grade Teacher

Benefits of Participation

- Consultant facilitates the partnership and provides in-home and in-classroom support
- Parents and teachers are supported in learning new strategies to help students
- Research-based interventions and tools are provided for parents and teachers to use with all students

“There were new ideas that I’d never used that the consultant brought in for me. That was great!”

– 2nd Grade Teacher

Benefits of Participation

- Parents and teachers learn how to
 - Work together
 - Set student goals
 - Deliver common messages
 - Communicate with one another
 - Problem solve

“It’s not any more work, because you would have been working with these kids anyway, and it was better to have someone else to do it with.”

– 2nd Grade Teacher

Benefits of Participation

“CBC helped me bond with the parents, and it really created some good friendships. We were able to be real with each other and say we’re going to help each other and just be a team.”

– Kindergarten Teacher



“The family is of course the key to success.”

– 2nd Grade Teacher

How to Enroll

- Currently enrolling K-3rd grade teachers in rural schools



- Contact Amanda Witte
 - Complete brief classroom screener
 - Enter lottery for a chance to receive CBC in your classroom

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